



Liberty Road Faith Fellowship

The CURRENT



Rev. Lisa Wood
Senior Pastor

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Who We Are

Liberty Road Faith Fellowship is a multi-denominational fellowship of Christian believers who enjoy traditional worship services.

This Week

Sunday, March 2, 2025

10:45 a.m. – Sunday Worship at Liberty Road Faith Fellowship and online.

Liberty Road Faith Fellowship
2734 Liberty Road
Lexington, KY 40509

LRFF OFFICE

Phone (859) 277-0420

Hours: Mon-Thurs

9:00 a.m. – 2:00 p.m.

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A Word from our Pastor

When I look at your heavens, the work of your fingers, the moon and stars that you have established; what is humankind that you are mindful of them, mortals that you care for them? Ps 8:4 (NRSV)

The Hebrew word for ‘mindful’ can be traced back to the word *zakar*, meaning “to think about,” “to remember,” or “call to mind.”

Throughout the Bible, there are repeated examples of the mind’s role in Christian discipleship. In the NIV translation, the word, “mind,” appears over 150 times. The Greek word, *metanoia*, refers to “mental watchfulness, and attention in the present moment.” Both the Old and New Testaments include rich references to a lifestyle of holy noticing. The Old Testament calls us to “remember” God’s works, just as the New Testament calls us to fix our minds on (think about) such attributes as love, honor, excellence, goodness, and truth.

The entirety of Psalm 8 speaks to God’s attentiveness to his creation (through its intrinsic beauty) and his attention to detail. In the Genesis account of the creation story, we read that, after all the creating he did during those six days, God paused; and rested; and contemplated his work, calling it “good.”

By choosing to live an intentionally mindful life, we observe opportunities to pause, and pay attention, both to God’s Word, and his works that we see in nature, in other people, and in our own bodies. It is truly a discipline to stop in the middle of our busyness and calm and quiet our souls. We will need the Holy Spirit’s help in such an unfamiliar practice, but the result will be the rich blessing of discovering a serenity and divine peace where we become keenly aware of Love’s presence.

Are you paying attention to what the Creator is doing in the world around you? Are you noticing what the Spirit of Christ is doing *in* you? Pause. Be still. **B r e a t h e.** Pray... and just be mindful of the One who remembers you, notices you, and holds you tenderly in the palm of his hand.

Blessings on your hearts,

Lisa

Traditional Worship ~ Contemporary People

Saturday Soiree with Young At Heart **Rescheduled**

Our weather this winter has hindered our activities, as well as our worship services. With the most recent snow and frigid temperatures, we felt it in everyone's best interest to postpone our Saturday Soiree with the Young at Heart Band until spring. Our new date for this event is scheduled for Saturday, April 12, at 2:00.

You will be hearing more about this in the weeks to come, and we hope you will help us get the word out. We will have invitations available for you to share with friends and neighbors, so please take several and pass them around.



- **TODAY** - Thursday, March 27 (11:30) Dine Local at Josie's
- Monday, March 3 (9:30) Companions in Christ
- Tuesday, March 4 (11:00) Grief Support Group
- Wednesday, March 5 (5:45) Handbell Rehearsal
- Wednesday, March 5 (7:00) Choir Rehearsal
- Sunday, March 9 Daylight Savings Time begins
- Tuesday, March 11 (11:30) Dine Local @ Tack House
- Tuesday, March 18 (7:00) Administrative Board Meeting
- Tuesday, March 25 (9:30) Wildcards



If you cannot attend LRFF in person don't forget to join the Sunday morning worship service @ 10:45 a.m. via fb. You can still profit from a good service when you log into the **LRFF Facebook** page.



at Josie's
**TODAY at
11:00!**

Come on down to Josie's in Chevy Chase and join us for a late breakfast, brunch, or early lunch. We'll have a couple of extra seats saved for you.

March's Dine Local will be at Tack House Pub on Tuesday, March 11 at 11:00. A sign-up sheet is on the bulletin board just waiting for your name.



Help Re-Stock the Teachers' Pantry

Companions in Christ invite you to share in ministering to the teachers at Yates Elementary School. We will be collecting grab-and-go snack foods for the next two weeks and delivering them to the school for the Teachers' Pantry. Many teachers use their lunch breaks to work with students who need a little extra help, so a package of cheese crackers or yogurt-covered raisins comes in handy for a quick little boost of energy. Some of the students come to school hungry, so teachers will raid their pantry for a package of pretzels or fruit chews to give to a child whose hunger prevents him or her from concentrating in class.

A short list of suggested snacks is listed below. We will deliver these to the school in a couple of weeks, so please bring your items to church by *Monday, March 17*.

Most requested items: peanut butter crackers, cheese crackers, snack packs of pretzels, Goldfish crackers, fruit gels, protein bars, fruit cups, bottled water and flavoring pouches, and Keurig coffee cups.



the
Current

If you have articles or prayer requests for the Current, please email them to the church office no later than *noon on Tuesday*.
lrrffoffice2734@gmail.com You may also call the office at (859)277-0420

Faith Family Facts and Faces

March Birthdays

- Tuesday, March 4 – Kimberly Youdell
- Friday, March 7 – Wayne Sullivan
- Saturday, March 8 – Russ Scofield
- Friday, March 14 – Kevin Maudsley
- Tuesday, March 18 – Ginny Berry
- Friday, March 28 – Gwendolyn Mayes
- Friday, March 28 – Karen Maudsley



Happy Birthday to Ann Greisner, a Daughter of the King of Kings.



Mary Ann Pollock, Bob Quisenberry & Viki Kirn



Wildcards Gather Again on March 25

Our next workshop is scheduled for March 25, at 9:30 in the Kearns Hall Kitchen. Our theme will be “Easter and Spring,” and friends are always welcome. Please sign up on the bulletin board for the next workshop.

